

# FOOD MENU

## ◆ FOR THE LITTLE ONES £6.95 ◆

Cheese & Tomato Garlic Ciabatta with Chips

Sausage, Chips or Mashed Potatoes & Beans

Chicken Nuggets & Chips

Battered Cod Goujons, Chips & Peas, Mushy or Garden Peas

Chicken Breast, Mashed Potato, Fresh Vegetables and Gravy

Spaghetti Bolognese

Egg, Chips & Baked Beans

Penne Pasta in a Tomato Sauce **V**

## MIDWEEK SPECIAL

SERVED ALL DAY MONDAY TO FRIDAY (NOT AVAILABLE BANK HOLIDAYS)

### Traditional Fish & Chips

freshly battered fillet of haddock with chips and mushy peas

### Traditional Pork Sausages & Mash

served with onion gravy and fresh vegetables

### Handmade Cheese & Onion Pie **V**

handmade with the finest cheese, British potatoes and onions - wrapped in a traditional flaky shortcrust pastry  
Served with chips and mushy peas or baked beans

### Beef Suet Pudding

traditional suet minced beef pudding with chips, mushy peas and gravy

### Lambs Liver & Onions

with mashed potato, fresh vegetables and onion gravy

### Spaghetti Bolognese

topped with rocket and Italian hard cheese

### Vegetarian Penne Arrabbiata **V, VEGAN**

mixed peppers, onions, mushrooms and garlic in a spicy tomato sauce topped with rocket

### The Grey Mare 6oz Beef Burger

topped with cheese, served with skin on fries and homemade slaw

### Spicy Chicken Burger

spicy coated chicken fillet deep fried, topped with cheese. Served with skin on fries and homemade slaw

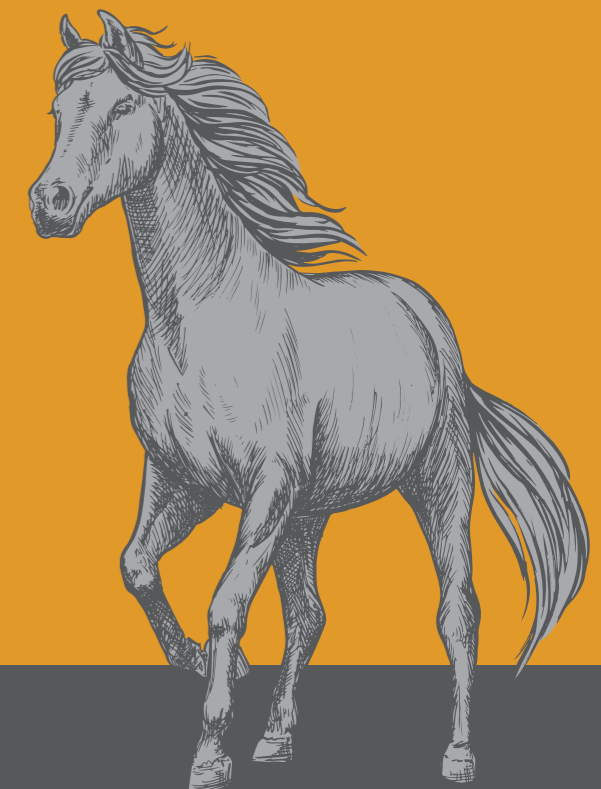
### Chinese Chicken Curry

served with chips or egg fried rice or 1/2 and 1/2

**ALL ONLY £10.95**

# ◆ THE ◆ GREY MARE

◆  
BELTHORN



ELTON ROAD, BELTHORN, BLACKBURN, BB1 2PG  
Tel: 01254 53308 [www.thegreymare.co.uk](http://www.thegreymare.co.uk) [thegreymare@yahoo.co.uk](mailto:thegreymare@yahoo.co.uk)

**V** denotes suitable for vegetarians. **VEGAN** denotes suitable for vegans. All weights are approximate before cooking. Some dishes may contain traces of nuts or nut derivatives. Dishes with fish may contain bones. The Grey Mare avoids the use of G.M. foods within their ingredients and so is confident that this menu is free from any genetically modified foods. All our products are subject to availability as our ingredients are locally sourced. Food Allergies & Intolerances: Please speak to our staff about the ingredients in your meal, when placing your order. Thank you.

## ◆ TO START ◆

Selection of garlic ciabatta breads served with <b>Cheese V £4.95 / Tomato V £4.95 / Garlic &amp; Herb Butter V £4.45</b>	
<b>Soup of the Day</b> .....	<b>£6.95</b>
homemade soup served with a roll and butter	
<b>Creamy Garlic Mushrooms V</b> .....	<b>£8.95</b>
with toasted ciabatta	
<b>Black Pudding Scotch Egg</b> .....	<b>£8.95</b>
black pudding and sausage meat encased around soft hens egg, with chilled jam and sour cream	
<b>Garlic &amp; Chilli King Prawns</b> .....	<b>£9.95</b>
served with garlic bread and a mixed leaf salad	
<b>Chicken Tenders</b> .....	<b>£8.95</b>
goujons of tender chicken in panko breadcrumbs, drizzled in honey with a sriracha mayonnaise served on a bed of fresh rocket leaves	
<b>Salt &amp; Pepper Cauliflower Bites VEGAN</b> .....	<b>£8.95</b>
served with Chinese curry sauce dip	
<b>Vegan Flatbreads VEGAN</b> .....	<b>£6.95</b>
served with hummus, sumac and sundried tomatoes	
<b>Halloumi Battered Fries V</b> .....	<b>£8.95</b>
with sweet chilli dipping sauce	

## ◆ SANDWICHES ◆

All served with mixed salad leaves, homemade slaw and crisps

<b>Tuna Mayonnaise &amp; Red Onion</b> .....	<b>£8.95</b>
served on rosemary focaccia bread	
<b>Steak, Onion &amp; Cheese</b> .....	<b>£12.95</b>
pan fried steak Canadian with onions, garlic butter and melted cheese served on ciabatta bread	
<b>Grilled Halloumi, Crushed Avocado &amp; Sundried Tomato V</b> .....	<b>£10.95</b>
served on rosemary focaccia bread	
<b>Mature Cheddar, Vine Tomatoes, Red Onion &amp; Rocket V</b> .....	<b>£8.95</b>
served on rosemary focaccia bread	
<b>North Atlantic Prawn &amp; Marie Rose Sauce</b> .....	<b>£10.95</b>
with shredded baby gem lettuce, served on rosemary focaccia bread	

ADD CHIPS OR SOUP TO YOUR SANDWICH £2.50

## ◆ SALADS ◆

<b>Chicken Caesar Salad</b> .....	<b>£13.95</b>
Romaine lettuce, croutons, Parmesan shavings and crispy bacon with Caesar dressing	
<b>King Prawn, Avocado &amp; Mango Salsa Salad</b> .....	<b>£14.95</b>
mixed leaf salad with king prawns, chopped avocado, drizzled with mango salsa	

## ◆ VEGETARIAN ◆

<b>Wild Mushroom Risotto V</b> .....	<b>£14.95</b>
with basil oil and vegetarian Parmesan	
<b>Penne Arrabbiata V, VEGAN</b> .....	<b>£13.95</b>
mixed peppers, mushrooms and garlic in a spicy tomato sauce	
<b>Vegan Vegetable Lasagne V, VEGAN</b> .....	<b>£13.95</b>
vegetables in tomato based sauce, made with vegan pasta sheets, topped with herb infused crumb. Served with mixed leaf salad	

## SUNDAY ROAST (ONLY AVAILABLE SUNDAY)

LAKELAND ROAST BEEF AND CHEF'S ROAST OF THE DAY  
SERVED WITH YORKSHIRE PUDDING AND ALL THE TRIMMINGS

## ◆ GREY MARE CLASSICS ◆

<b>Traditional Fish &amp; Chips</b> .....	<b>£14.95</b>
freshly battered fillet of haddock served with fresh cut chips and mushy peas	
<b>Handmade Chunky Steak Pie</b> .....	<b>£14.95</b>
made with locally sourced beef, served with chips, fresh vegetables and gravy	
<b>Handmade Minced Beef &amp; Onion Pie</b> .....	<b>£13.95</b>
made with locally sourced beef served with chips, fresh vegetables and gravy	
<b>Handmade Cheese &amp; Onion Pie V</b> .....	<b>£13.95</b>
handmade with the finest cheese, British potatoes and onions - wrapped in a traditional flaky shortcrust pastry Served with chips and mushy peas or baked beans	
<b>Beef Suet Pudding</b> .....	<b>£13.95</b>
traditional rag style suet pudding served with chips, mushy peas and gravy	
<b>Beef Lasagne</b> .....	<b>£13.95</b>
served with garlic bread and a mixed leaf salad	
<b>Pulled and Rolled Leg of Lamb</b> .....	<b>£21.95</b>
slow roasted, pulled and rolled leg of lamb with gratin potato, braised red cabbage and tenderstem broccoli finished with a rich lamb sauce	
<b>Lambs Liver &amp; Onions</b> .....	<b>£14.95</b>
served with mashed potatoes, fresh vegetables and onion gravy	
<b>Hunter's Chicken</b> .....	<b>£15.95</b>
chargrilled chicken breast in smokey BBQ sauce topped with bacon and melted cheese, served with salad and chips	
<b>Salt &amp; Pepper Chicken</b> .....	<b>£14.95</b>
spicy battered chicken fillets with peppers and fried onions, served with egg fried rice or chips or half and half and Chinese curry sauce	
<b>Chicken a la Crème</b> .....	<b>£15.95</b>
chicken breast in a creamy white wine sauce with mushrooms and onions. Served with chips, boiled rice or 1/2 and 1/2	
<b>Spaghetti Bolognese</b> .....	<b>£14.95</b>
topped with rocket and Parmesan cheese	
<b>Pan Fried Fillet of Salmon &amp; Wilted Spinach</b> .....	<b>£16.95</b>
served with sautéed potatoes, cherry tomatoes and herb veloute	
<b>Spicy Chicken Burger with Cheese</b> .....	<b>£13.95</b>
spicy coated chicken fillet topped with cheese served with skin on fries and homemade slaw	
<b>Chinese Chicken Curry</b> .....	<b>£14.95</b>
served with chips or egg fried rice or 1/2 and 1/2	

## ◆ GRILL ◆

CHARGRILLED TO YOUR TASTE

<b>10oz Lakeland Rump Steak</b> .....	<b>£21.95</b>
served with flat mushroom, thyme infused grilled tomato and chips or mashed potatoes	
<b>12oz Gammon Steak</b> .....	<b>£16.95</b>
served with fried egg or pineapple, flat mushroom, thyme infused grilled tomato and chips or mashed potatoes	
<b>The Grey Mare 6oz Beef Burger</b> .....	<b>£13.95</b>
made using locally sourced beef, topped with cheese and crispy bacon served with skin on fries and homemade slaw	

## ◆ SIDES ◆

<b>Loaded Fries</b> .....	<b>£7.95</b>	<b>Onion Rings</b> .....	<b>£4.95</b>
fries topped with nacho cheese, bacon and jalapeños		<b>Salad Bowl</b> .....	<b>£4.95</b>
<b>Chips or Skin on Fries</b> .....	<b>£4.95</b>	<b>Jug of Gravy</b> .....	<b>£2.00</b>
<b>Cheesy Chips</b> .....	<b>£5.95</b>	<b>Chinese Curry Sauce</b> .....	<b>£2.00</b>
<b>Salt &amp; Pepper Chips</b> .....	<b>£6.95</b>	<b>Seasonal Vegetables</b> .....	<b>£4.95</b>
<b>Pepper / Creamy Mushroom Sauce</b> .....	<b>£3.00</b>	<b>Homemade Slaw</b> .....	<b>£2.50</b>

PLEASE ASK TO SEE OUR DESSERT & DOG MENUS