

◆ **FOR THE LITTLE ONES £6.95** ◆

**Cheese & Tomato Garlic Ciabatta with Chips**

**Sausage, Chips or Mashed Potatoes & Beans**

**Chicken Nuggets & Chips**

**Battered Cod Goujons, Chips & Peas, Mushy or Garden Peas**

**Spaghetti Bolognese**

**Egg, Chips & Baked Beans**

**Penne Pasta in a Tomato Sauce v**

◆  
**LITTLE SWEETS**

**Ice Cream - 1 Scoop £2.50**

choose from vanilla, chocolate or strawberry with sugar strands, flake and a selection of sauces

◆ **MIDWEEK SPECIAL** ◆

SERVED ALL DAY MONDAY TO FRIDAY (NOT AVAILABLE BANK HOLIDAYS)

**Hot & Spicy Salt & Pepper Chicken Wings**  
served with skin on fries

**Traditional Fish & Chips**  
freshly battered fillet of haddock with chips and mushy peas

**Lancashire Cheese & Onion Pie v**  
served with chips and mushy peas or baked beans

**Beef Suet Pudding**  
traditional suet minced beef pudding with chips, mushy peas and gravy

**Lambs Liver & Onions**  
with mashed potato, fresh vegetables and onion gravy

**Spaghetti Bolognese**  
topped with rocket and Italian hard cheese

**Vegetarian Penne Arrabbiata v, VEGAN**  
mixed peppers, onions, mushrooms and garlic in a spicy tomato sauce topped with rocket

**The Grey Mare 6oz Beef Burger**  
topped with cheese, served with skin on fries and homemade slaw

**Spicy Chicken Burger**  
spicy coated chicken fillet deep fried, topped with cheese. Served with skin on fries and homemade slaw

**Chinese Chicken Curry**  
served with chips or egg fried rice or 1/2 and 1/2

**ALL ONLY £9.95**

# FOOD MENU

◆ THE ◆  
**GREY MARE**  
◆  
BELTHORN



ELTON ROAD, BELTHORN, BLACKBURN, BB1 2PG  
Tel: 01254 53308 [www.thegreymare.co.uk](http://www.thegreymare.co.uk) [thegreymare@yahoo.co.uk](mailto:thegreymare@yahoo.co.uk)

v denotes suitable for vegetarians. VEGAN denotes suitable for vegans. All weights are approximate before cooking. Some dishes may contain traces of nuts or nut derivatives. Dishes with fish may contain bones. The Grey Mare avoids the use of G.M. foods within their ingredients and so is confident that this menu is free from any genetically modified foods. All our products are subject to availability as our ingredients are locally sourced. Food Allergies & Intolerances: Please speak to our staff about the ingredients in your meal, when placing your order. Thank you.

## ◆ TO START ◆

Selection of garlic ciabatta breads served with <b>Cheese v £4.95 / Tomato v £4.95 / Garlic &amp; Herb Butter v £4.45</b>	
<b>Soup of the Day</b> .....	<b>£6.95</b>
homemade soup served with a roll and butter	
<b>Creamy Garlic Mushrooms v</b> .....	<b>£8.95</b>
with toasted ciabatta	
<b>Black Pudding Scotch Egg</b> .....	<b>£8.95</b>
with chilli jam and sour cream	
<b>Garlic &amp; Chilli King Prawns</b> .....	<b>£9.95</b>
served with garlic bread and a mixed leaf salad	
<b>Salt &amp; Pepper Chicken Wings</b> .....	<b>£8.95</b>
chicken wings in a hot and spicy coating	
<b>Vegan Flatbreads VEGAN</b> .....	<b>£6.95</b>
served with hummus, sumac and sundried tomatoes	
<b>Halloumi Battered Fries v</b> .....	<b>£8.95</b>
with sweet chilli dipping sauce	

## ◆ SANDWICHES ◆

All served with mixed salad leaves, homemade slaw and crisps

<b>Tuna Mayonnaise &amp; Red Onion</b> .....	<b>£8.95</b>
served on white or brown bloomer bread	
<b>Steak, Onion &amp; Cheese</b> .....	<b>£12.95</b>
pan fried steak Canadian with onions, garlic butter and melted cheese served on ciabatta bread	
<b>Grilled Halloumi, Crushed Avocado &amp; Sundried Tomato v</b> .....	<b>£10.95</b>
served toasted on white or brown bloomer bread	
<b>Mature Cheddar &amp; Pickle v</b> .....	<b>£8.95</b>
served on white or brown bloomer bread	
<b>Icelandic Prawn &amp; Marie Rose Sauce</b> .....	<b>£10.95</b>
served on white or brown bloomer bread	

ADD CHIPS OR SOUP TO YOUR SANDWICH £2.50

## ◆ SALADS ◆

<b>Chicken Caesar Salad</b> .....	<b>£13.95</b>
Romaine lettuce, croutons, Parmesan shavings and crispy bacon with Caesar dressing	
<b>King Prawn, Avocado &amp; Mango Salsa Salad</b> .....	<b>£14.95</b>
mixed leaf salad with king prawns, chopped avocado, drizzled with mango salsa	

## ◆ VEGETARIAN ◆

<b>Wild Mushroom Risotto v</b> .....	<b>£14.95</b>
with basil oil and vegetarian Parmesan	
<b>Penne Arrabbiata v, VEGAN</b> .....	<b>£13.95</b>
mixed peppers, mushrooms and garlic in a spicy tomato sauce	
<b>Vegan Vegetable Lasagne v, VEGAN</b> .....	<b>£13.95</b>
vegetables in tomato based sauce, made with vegan pasta sheets, topped with herb infused crumb. Served with mixed leaf salad	

## SUNDAY ROAST (ONLY AVAILABLE SUNDAY)

LAKELAND ROAST BEEF AND CHEF'S ROAST OF THE DAY  
SERVED WITH YORKSHIRE PUDDING AND ALL THE TRIMMINGS

## ◆ GREY MARE CLASSICS ◆

<b>Traditional Fish &amp; Chips</b> .....	<b>£13.95</b>
freshly battered fillet of haddock served with fresh cut chips and mushy peas	
<b>Handmade Steak &amp; Stilton Pie</b> .....	<b>£14.95</b>
made with locally sourced beef, served with chips, fresh vegetables and gravy	
<b>Handmade Minced Beef &amp; Onion Pie</b> .....	<b>£13.95</b>
made with locally sourced beef served with chips, fresh vegetables and gravy	
<b>Handmade Lancashire Cheese &amp; Onion Pie v</b> .....	<b>£13.95</b>
served with chips and mushy peas or baked beans	
<b>Beef Suet Pudding</b> .....	<b>£13.95</b>
traditional rag style suet pudding served with chips, mushy peas and gravy	
<b>Beef Lasagne</b> .....	<b>£13.95</b>
served with garlic bread and a mixed leaf salad	
<b>Braised Lamb Shank</b> .....	<b>£19.95</b>
slow cooked in a rich gravy served with chips or mashed potatoes and fresh vegetables	
<b>Lambs Liver &amp; Onions</b> .....	<b>£14.95</b>
served with mashed potatoes, fresh vegetables and onion gravy	
<b>Hunter's Chicken</b> .....	<b>£15.95</b>
chargrilled chicken breast in smokey BBQ sauce topped with bacon and melted cheese, served with salad and chips	
<b>Spicy Salt &amp; Pepper Chicken</b> .....	<b>£14.95</b>
served with egg fried rice, or chips or 1/2 and 1/2, and Chinese curry sauce	
<b>Chicken a la Crème</b> .....	<b>£15.95</b>
chicken breast in a creamy white wine sauce with mushrooms and onions. Served with chips, boiled rice or 1/2 and 1/2	
<b>Spaghetti Bolognese</b> .....	<b>£14.95</b>
topped with rocket and Parmesan cheese	
<b>Pan Fried Fillet of Salmon &amp; Wilted Spinach</b> .....	<b>£16.95</b>
served with sautéed potatoes, cherry tomatoes and herb veloute	
<b>Spicy Chicken Burger with Cheese</b> .....	<b>£13.95</b>
spicy coated chicken fillet topped with cheese served with skin on fries and homemade slaw	
<b>Chinese Chicken Curry</b> .....	<b>£13.95</b>
served with chips or egg fried rice or 1/2 and 1/2	

## ◆ GRILL ◆

CHARGRILLED TO YOUR TASTE

<b>10oz Lakeland Rump Steak</b> .....	<b>£18.95</b>
served with flat mushroom, thyme infused grilled tomato and chips or mashed potatoes	
<b>8oz Lakeland Sirloin Steak</b> .....	<b>£20.95</b>
served with flat mushroom, thyme infused grilled tomato and chips or mashed potatoes	
<b>12oz Gammon Steak</b> .....	<b>£15.95</b>
served with fried egg or pineapple, flat mushroom, thyme infused grilled tomato and chips or mashed potatoes	
<b>The Grey Mare 6oz Beef Burger</b> .....	<b>£13.95</b>
made using locally sourced beef, topped with cheese and crispy bacon served with skin on fries and homemade slaw	

## ◆ SIDES ◆

<b>Chips or Skin on Fries</b> .....	<b>£4.95</b>	<b>Salad Bowl</b> .....	<b>£4.95</b>
<b>Cheesy Chips</b> .....	<b>£5.95</b>	<b>Jug of Gravy</b> .....	<b>£2.00</b>
<b>Salt &amp; Pepper Chips</b> .....	<b>£6.95</b>	<b>Chinese Curry Sauce</b> .....	<b>£2.00</b>
<b>Pepper / Blue Cheese Sauce</b> .....	<b>£3.00</b>	<b>Seasonal Vegetables</b> .....	<b>£4.95</b>
<b>Onion Rings</b> .....	<b>£4.95</b>	<b>Cauliflower Cheese</b> .....	<b>£4.95</b>

PLEASE ASK TO SEE OUR DESSERT & DOG MENUS